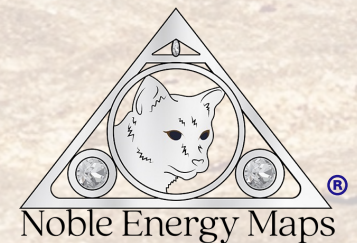


# PARENTING USING HUMAN DESIGN

*DR. ELEANOR HASPEL-PORTNER*



# RELATIONSHIP PILLARS

Different **Types** communicate differently and have different timing.

Aligned **values** enhance relationships, while conflicting values create stress.

Honoring each other's Type in relationship dynamics without **Emotional Reactions** can transform issues.

Be aware of **vulnerabilities** when you relate to another; use empathy and compassion when relating.

# THIS IS FOR YOU

If you are a Human Design practitioner working with Parenting.

If you want to empower children so they can manifest their fullest potential.

If you're frustrated trying to figure out how to help parents using HD and need simple tools.

If you want to transform parenting by learning some simple communication tools.

# WHO I AM AND WHY YOU SHOULD LISTEN TO ME

- I have worked with relationships as a clinician and master coach for over 50 years. Early in my career, I became the lead trainer for Parent Effectiveness Training in Chicago because I saw the need to help parents learn how to empower their children and communicate effectively.
- In 1999, Ra Uru Hu asked my husband, an M.D., and me to validate HD scientifically. I have a Ph.D. as a social scientist and psychologist from the University of Chicago. I was trained as a Jungian Analyst, studied the Kabbalistic Tree of Life, am a qualified astrologer, and licensed psychologist.
- I am the world expert on HD. Based on my statistical and clinical research on more than 45,000 cases, I know what is valid and effective.
- I have written eight best sellers on HD, NEM®, and Reiki Healing.
- If you are at this webinar, you know HD and are skilled in reading charts. When you know what to look for, your practice and how you help parents empower their children will go through the roof.

# HOW THE SCIENCE OF HD

# EMPOWERS YOUR READINGS

When you base your readings on the science of what works in HD and is valid, you know you are guiding your Clients based on grounded communication principles that are psychologically sound.

Learning what works in Design and what can be misleading is essential for making your communications clear and honoring your clients' needs and values.

# WHAT YOU NEED TO KNOW TO EMPOWER A CHILD

- The Human Design Chart shows how you function in the Mental/Waking World. This is the world of your everyday life and consciousness. You learned early in your life about your culture and how to navigate it.
- In parenting, it is essential to recognize that communications operate at many levels of awareness, and memories or associations trigger emotional reactions. Based on the HD Chart, emotional responses are not predictable. Still, by understanding the inner dynamics of parenting and the child's charts, you can recognize how to transform triggers.

# WHAT YOU NEED TO KNOW TO EMPOWER RELATIONSHIP

- In all relationships, many perceptions and feelings are beneath the surface of awareness, and knowing how Channels and Gates operate can help you advise Parents on how to empower their children.
- Trust yourself to empower your clients by remaining open to their input about their values and goals.

# THE FIVE VERIFIED TYPES

## *A Child's Manifesting Generator Strategy*

...is to envision what he wants and wait to be clear that his action is aligned internally; parents ideally ask their child what he is considering and ask him to envision how different possibilities might play out.

# THE FIVE VERIFIED TYPES

## *A Child's Manifesting Strategy*

...is to wait for clarity before acting and let others know his intention. Please advise parents to ask their child to discuss plans with them, and rather than advising, ask the child to consider how his actions will affect him and others. Parents can teach him to wait for clarity. Parents empower their child when they pay attention to his inner knowing and teach him to respect it.

# THE FIVE VERIFIED TYPES

## ***A Child's Generator Strategy***

...is to wait to know what he knows is right for him and to stand firm. Parents empower their child to do what feels right to him when they encourage communication without giving input; A parent can ask their child to wait until he **Knows** because he **Knows** because he **Knows**. It is crucial to teach him to tune in to his gut responses without judgment.

# THE FIVE VERIFIED TYPES

## *A Child's Projector Strategy*

...is to take time to go within to gain clarity about himself, what he wants, and what he perceives. Rather than suggesting any direction, parents ideally ask their child what he wants to have happen or ask, "What do you know about 'this' now?" The goal is for the child to orchestrate what is aligned with him energetically.

# THE FIVE VERIFIED TYPES

## *A Child's Reflector Strategy*

...is to gain awareness of his energy sensitivity and recognize that he picks up energy from people, environments, and planetary transits. Parents need to be mindful of what aligns with him.

Reflector children are highly sensitive to energy and may feel what someone else feels. Ask your child if what he feels is true for him or if it comes from elsewhere.

Parents ideally teach their child to discern their energy and that of others.

# CORE CONCEPTS IN PARENTING CONNECTIONS

- How Different Types work together.
- Recognizing individual decision-making timing to ensure harmony.
- Single, Split, Triple, and Quadruple Splits and their impact on relating.
- Electromagnetic, Compromise, Dominance, and Friendship Channels and how they interact.
- The Role of Hanging Gates in Attraction and Repulsion.

# HOW TYPE IMPACTS TIMING AND HOW TO NAVIGATE IT

## *Ways To Determine Your Child's Timing.*

- Type
- Channels
- Centers

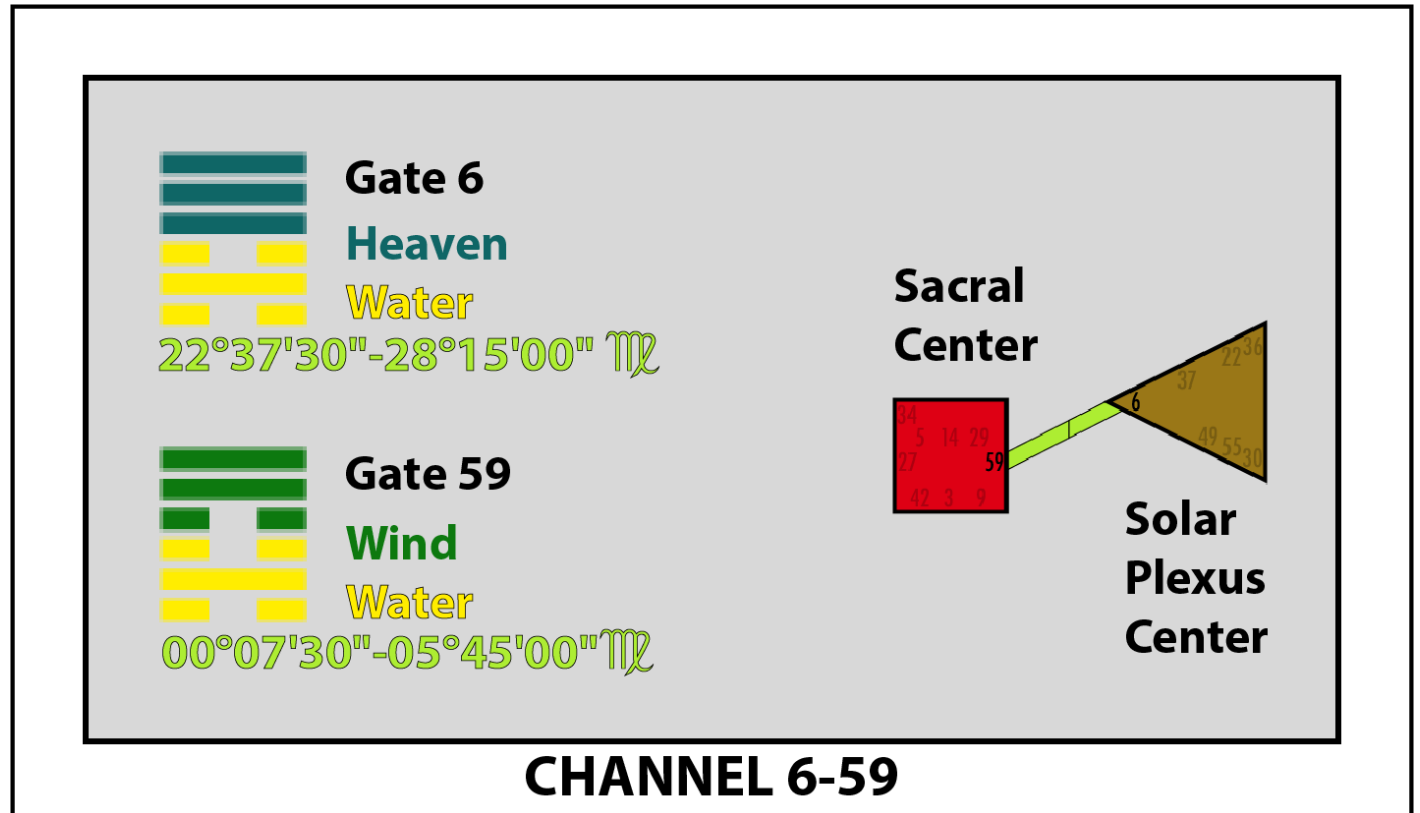
## *How Is Your Child Vulnerable?*

- Open Centers
- Emotional Definition

# THE ELECTROMAGNETIC CONNECTION

## With Channel 6-59

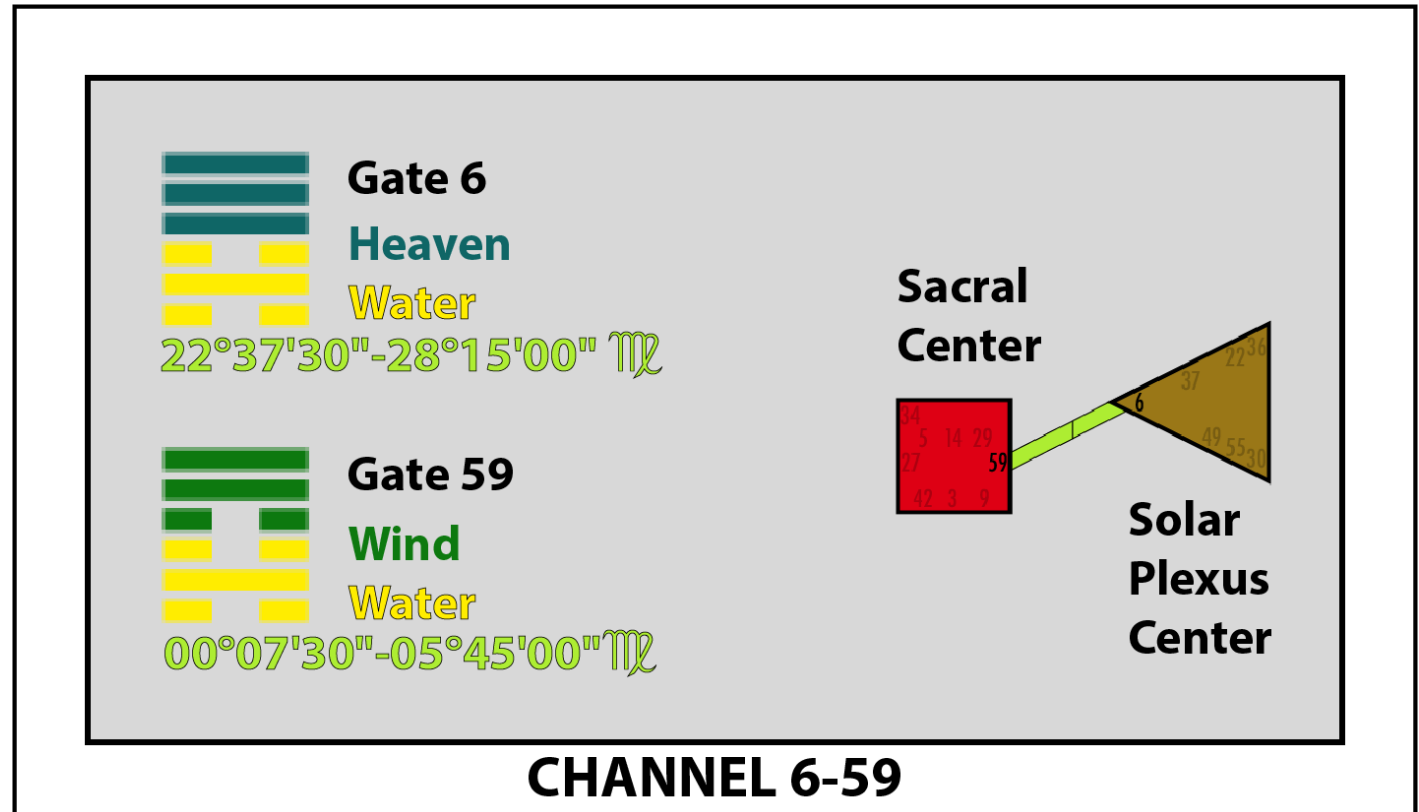
- One person has one Gate of a Channel Defined, and the other has the other Gate, forming a complete Channel when they are together.
- They likely have strong chemistry, attraction, and magnetism.



In this Channel, the person with Gate 6 may be Emotionally Reactive, and the person with Gate 59, a Portal Gate discussed by Ra and me in the Triple Design Matrix Book (Noble Sciences, LLC.2025), may feel compelled to help transform emotions into Creative Intelligence.

# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 6-59

If the child has Gate 59, his parents must be mindful of his capacity to take on the emotional responsibility of assisting others in transforming their emotions. If the parent is emotionally reactive, the child may feel responsible, overwhelmed, and helpless.

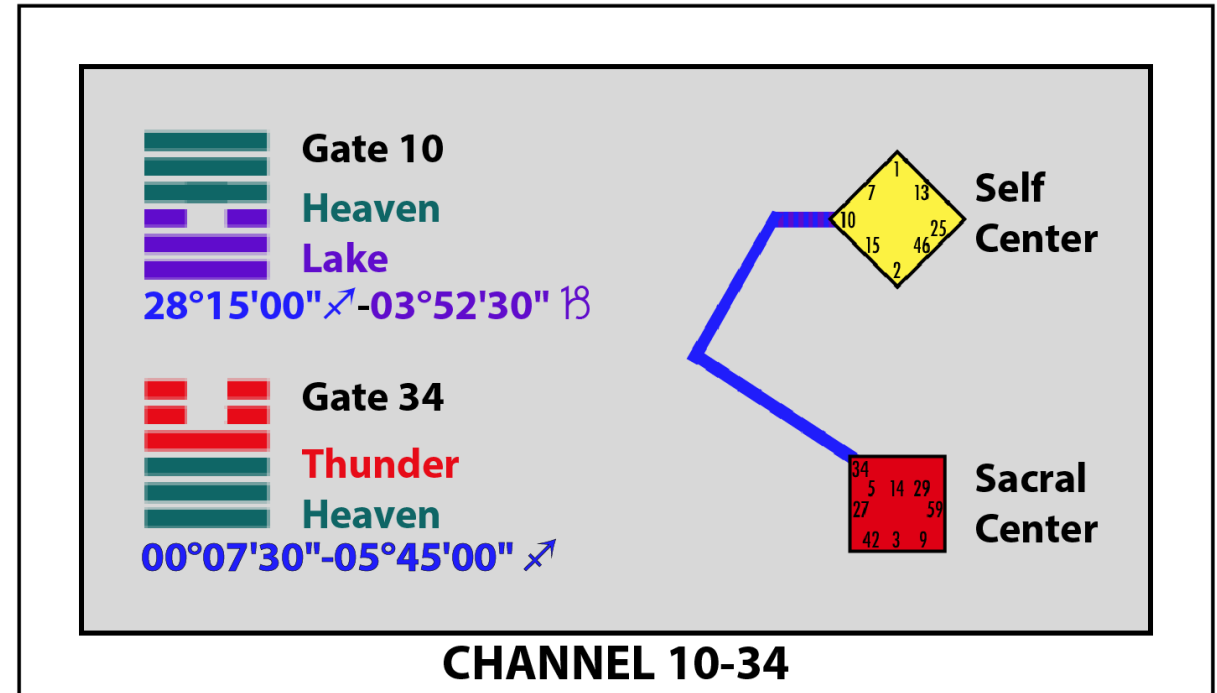


**Electromagnetic Connection for Channel 6-59**

# THE COMPROMISE CONNECTION WITH CHANNEL 10-34

## *Compromise*

A compromise occurs when one person has a Defined Channel, and the other person only has one Gate of that Channel. The person with the Defined Channel may exude more energy and clarity in that area of consciousness, resulting in an energy imbalance between the two people.



**EXAMPLE:** One person has Channel 34-10, which means that they bring intense energy and ideas about what they want to have happen in the relationship. The other person has input that may be beneficial and requires openness. This requires that they align in decision-making and relationship dynamics.

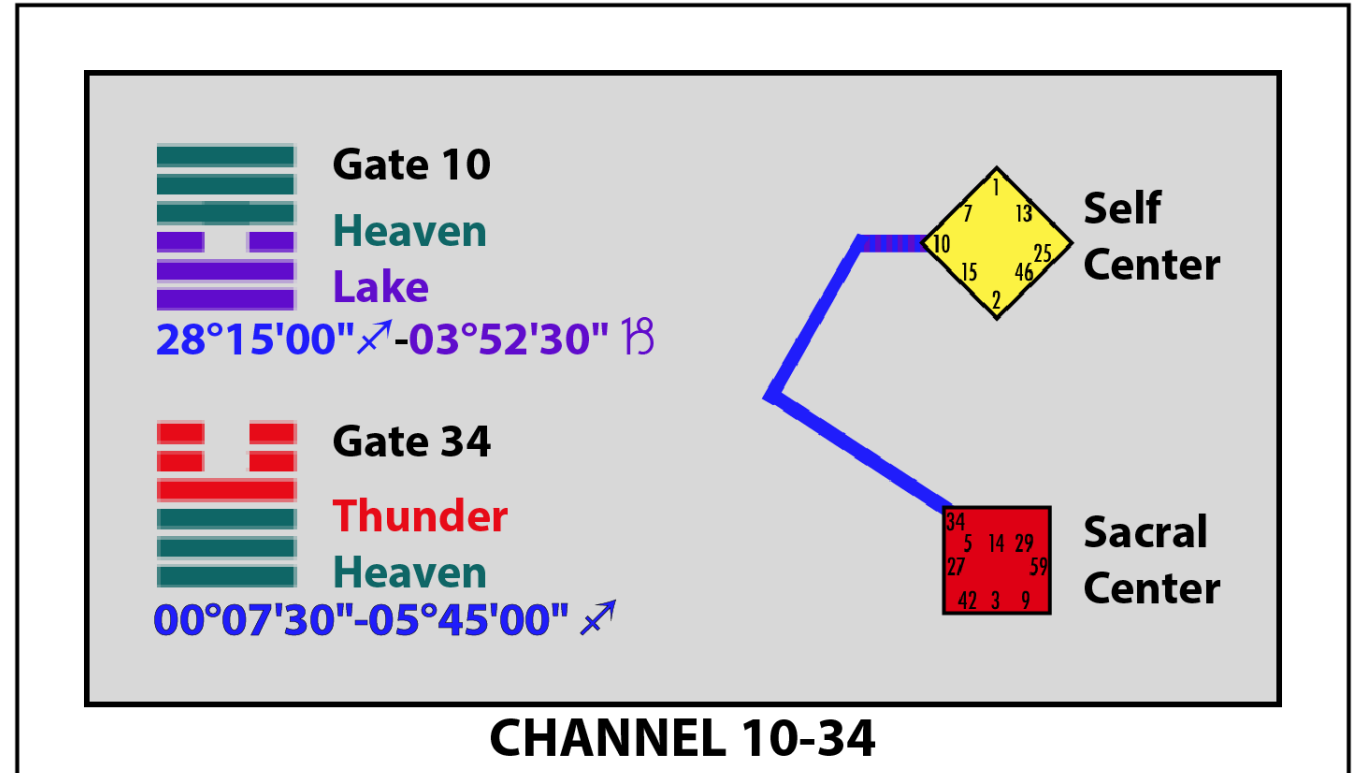
# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 34-10

## Communication

The communication skills to use in a compromise Channel are Active Listening without input; receptivity on both sides is required; both people ideally feel comfortable with contemplated actions. If the parent has the complete Channel, they are ideally advised to listen to their child before giving input.

An Active Listening Statement is:  
“You feel \_\_\_\_\_  
about \_\_\_\_\_.”

Notice the Hexagram Trigrams and the Astrology signs when considering how the two sides of the Channel operate.



Compromise Connection for Channel 10-34

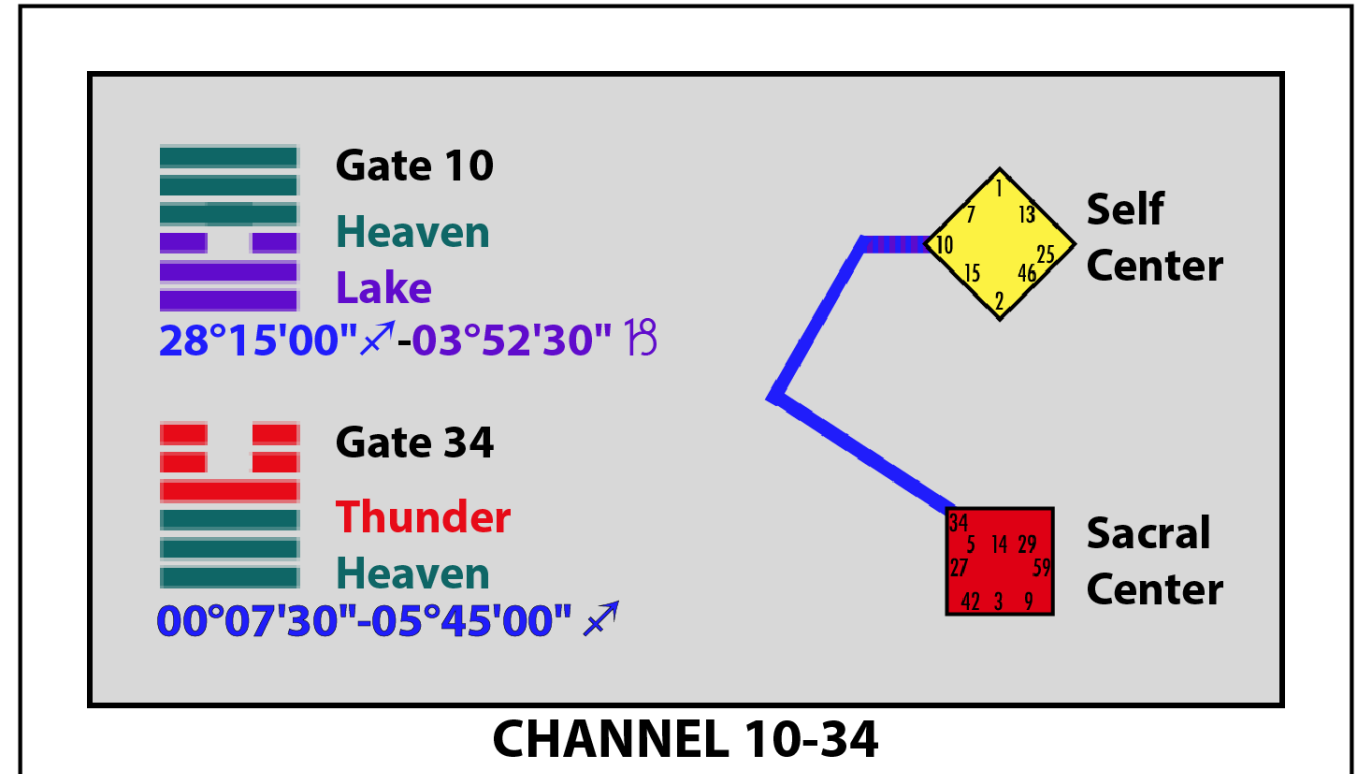
# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 34-10

## Gate 34

...activates an intense instinctive energy, while Gate 10 activates Self-Direction and Self-Identity.

Balancing the energies of this Channel in a Compromise Connection can be tricky, especially for a parent. Think about it deeply.

If you advise a Parent who has this Channel or a part of it, advise them to listen to their child before giving their viewpoint.



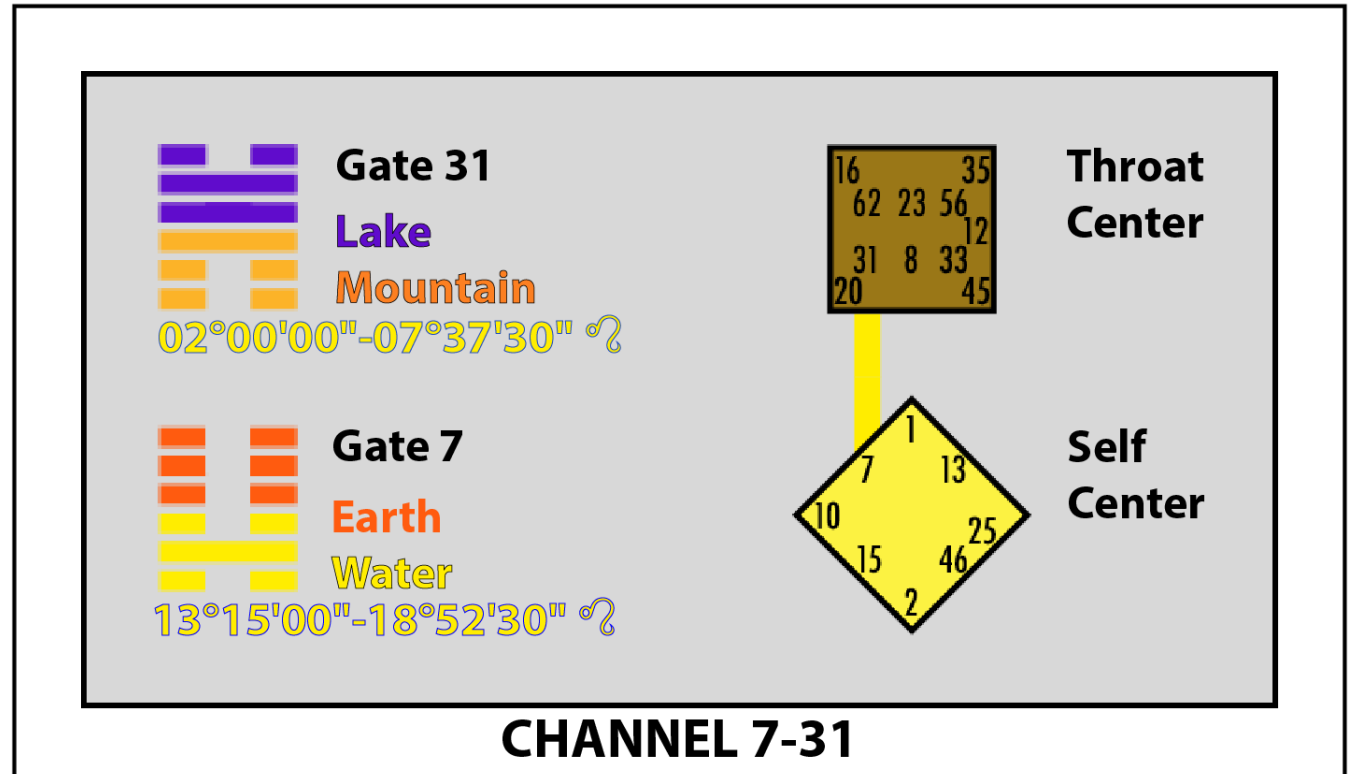
Compromise Connection for Channel 10-34

*Children are sensitive to their parents' authority, and the goal of good parenting is to empower the child to **Know** who they are and align with their OneSelf.*

# THE DOMINANCE CONNECTION With Channel 7-31

***Dominance*** occurs when one person has a Defined Channel, and the other does not have either of the Gates.

The person with the Defined Channel will likely feel empowered by that Channel, and the other person may or may not feel connected to that energy.

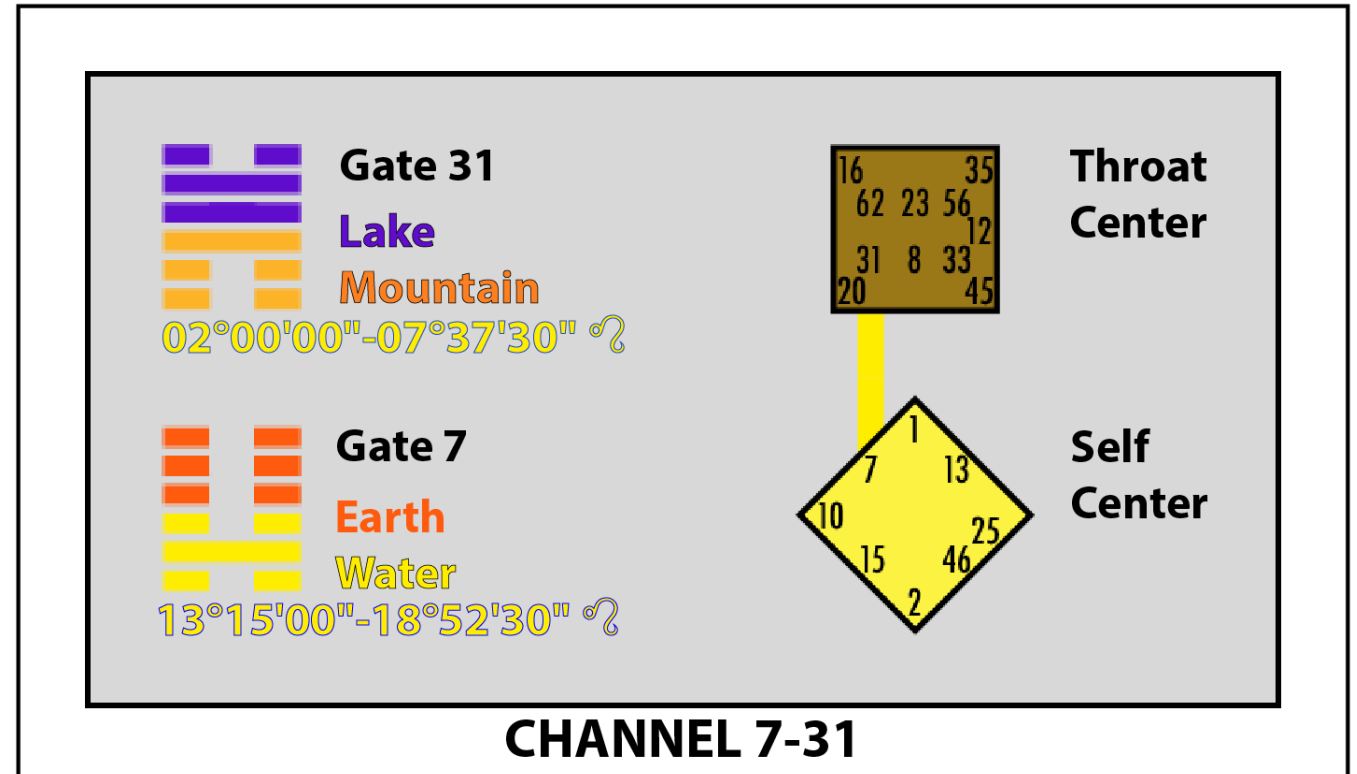


# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 7-31

## *Example:*

One person has **Channel 7-31** (Leadership), while the other has neither Gate. The person with the Defined Channel may take on a leadership role in the relationship, while the other person is likely to follow along.

If the parent has Channel 7-31, it is wise to ask their Child what he wants to have happen before imposing a task or direction on him.



**Dominant Channel for Channel 7-31**

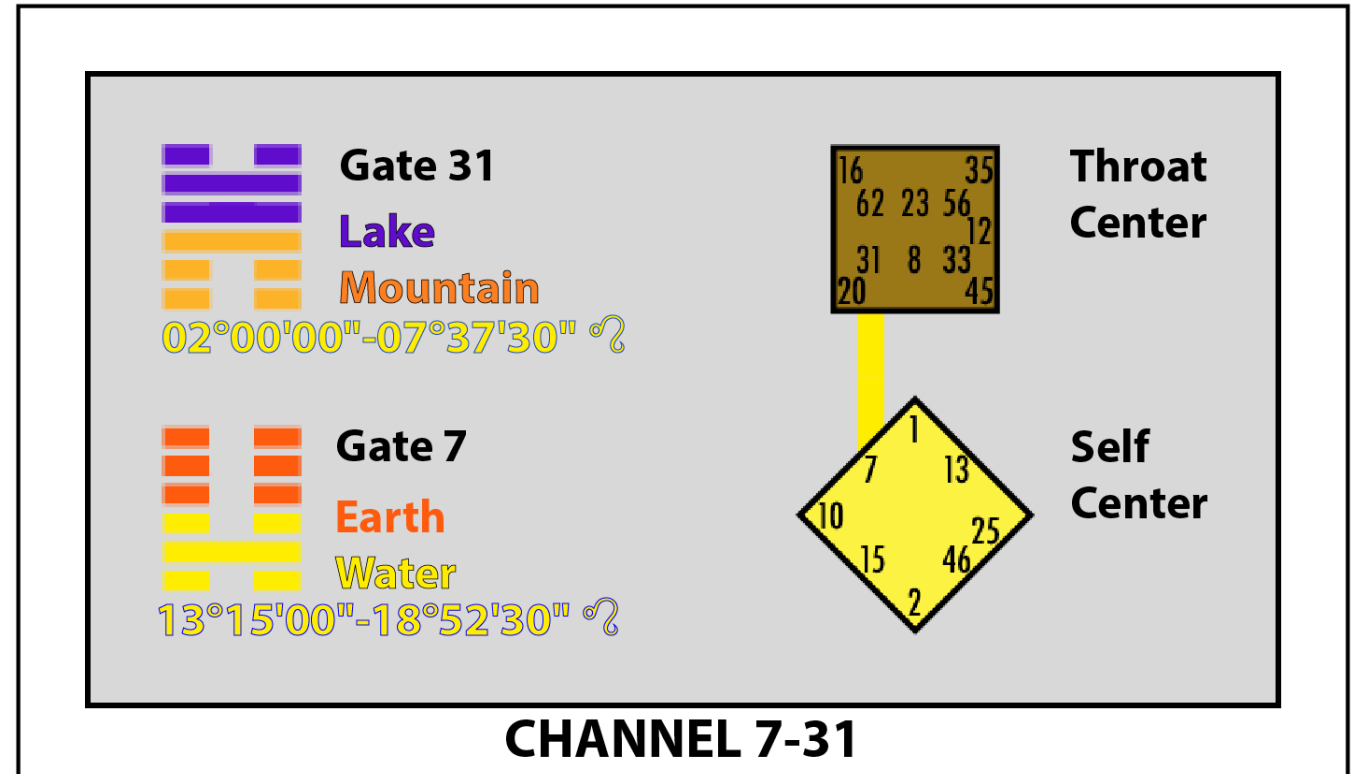
***Communication*** is key to maintaining aligned values and energy in the relationship.

# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 7-31

## *Example:*

If the Child has the whole Channel, he may feel frustrated if his ideas are not honored. In addition, if the Child has this Channel of leadership, the parent can give him age-appropriate leadership roles, so he learns to lead in loving and compassionate ways. He may become belligerent or argumentative if ignored for his desire to lead.

Thus, listening to the Child in all Channel configurations is the key to empowering the child.



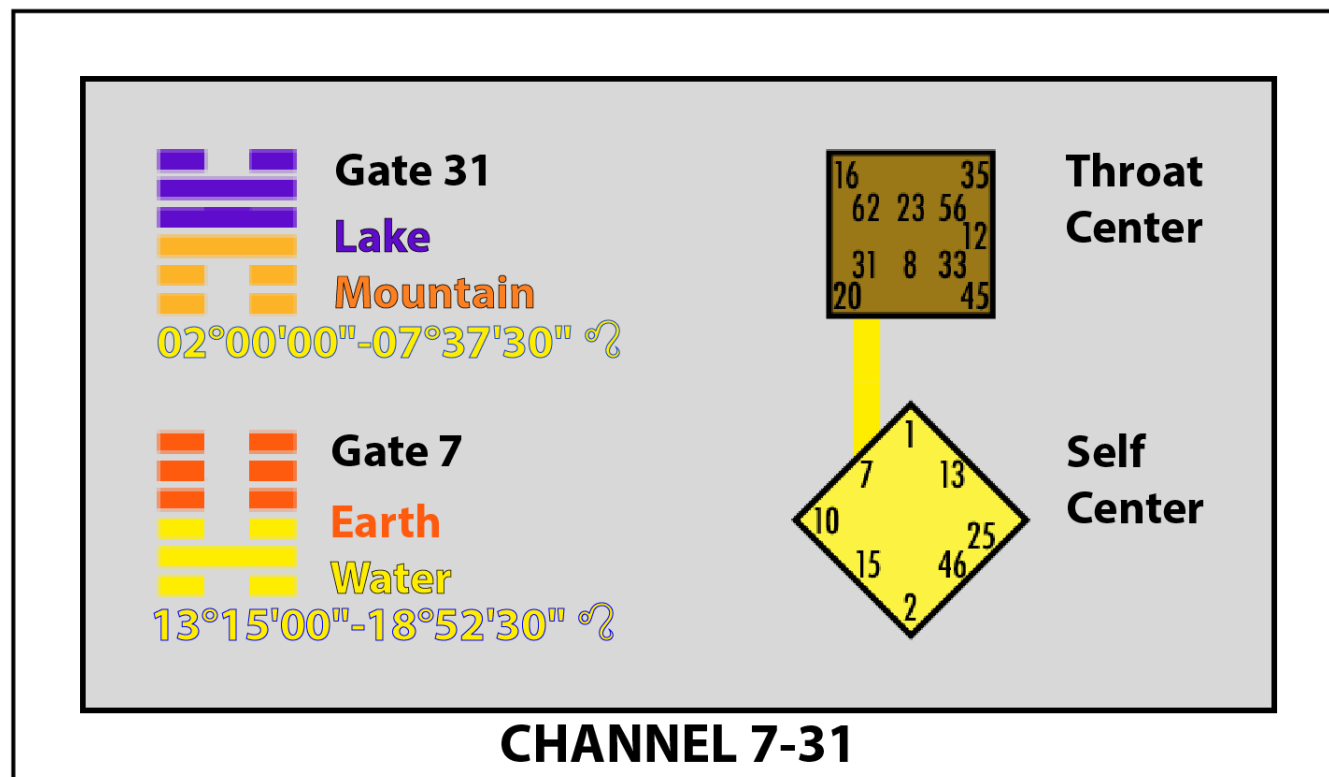
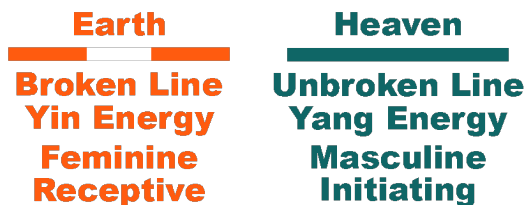
**Dominant Channel for Channel 7-31**

***Communication*** is key to maintaining aligned values and energy in the relationship.

# THE PARENT/CHILD RELATIONSHIP WITH CHANNEL 7-31

## *Note that Channel 7-31*

...is activated by the astrological sign of Leo in both Gates. Study the Hexagrams and Trigrams and consider the Yin and Yang lines when assessing each Gate's energy and the entire Channel.



**Encourage** the Person with the Defined Channel to inform the other person of their perceptions, ideas, and plans, and remain open to input before implementing them. Feedback is always warranted.

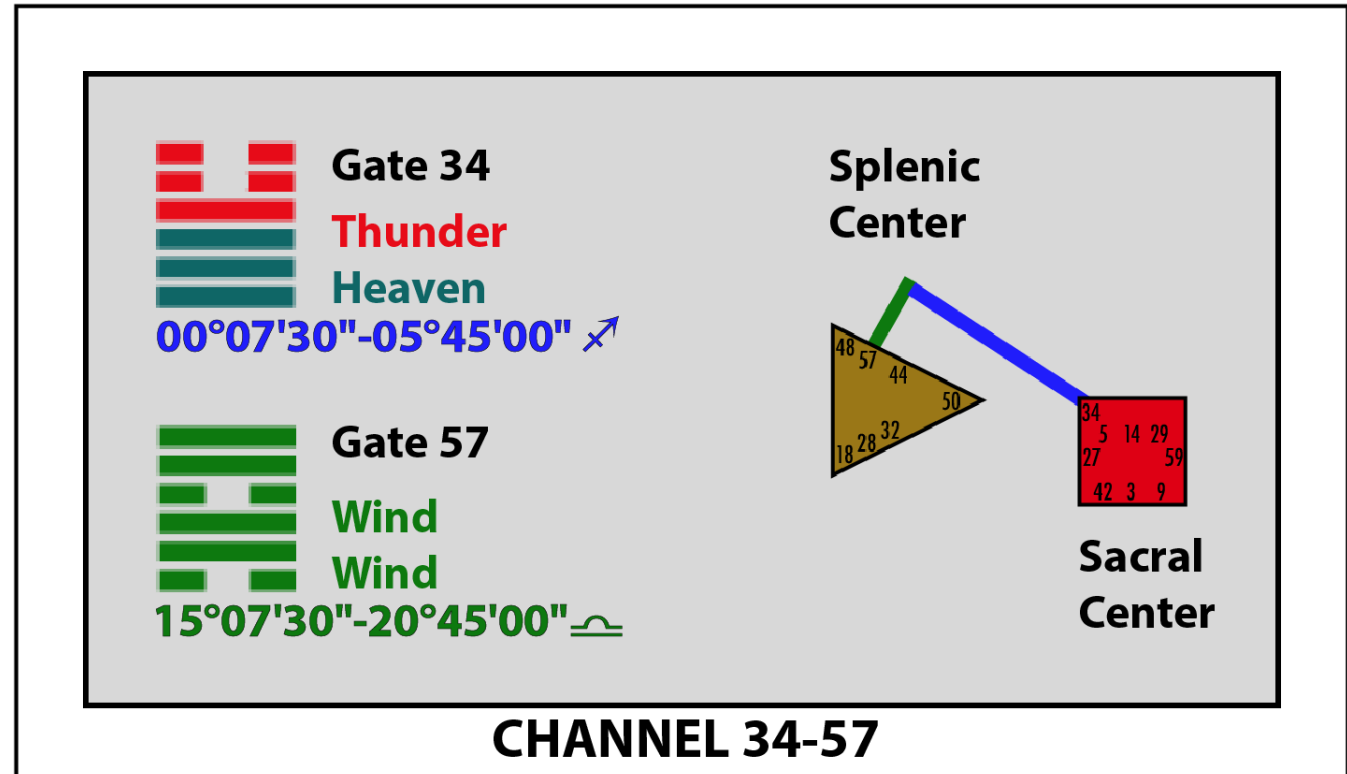
# THE FRIENDSHIP CONNECTION WITH CHANNEL 34-57

## *Friendship:*

Both people have a full Channel Defined, providing a harmonious, natural connection with the aligned perception of that energy Channel and how to use it.

## *Example:*

Two people with Channel 34-57 bring strong intuition and presence to the relationship, naturally aligning them in decision-making and energy dynamics.



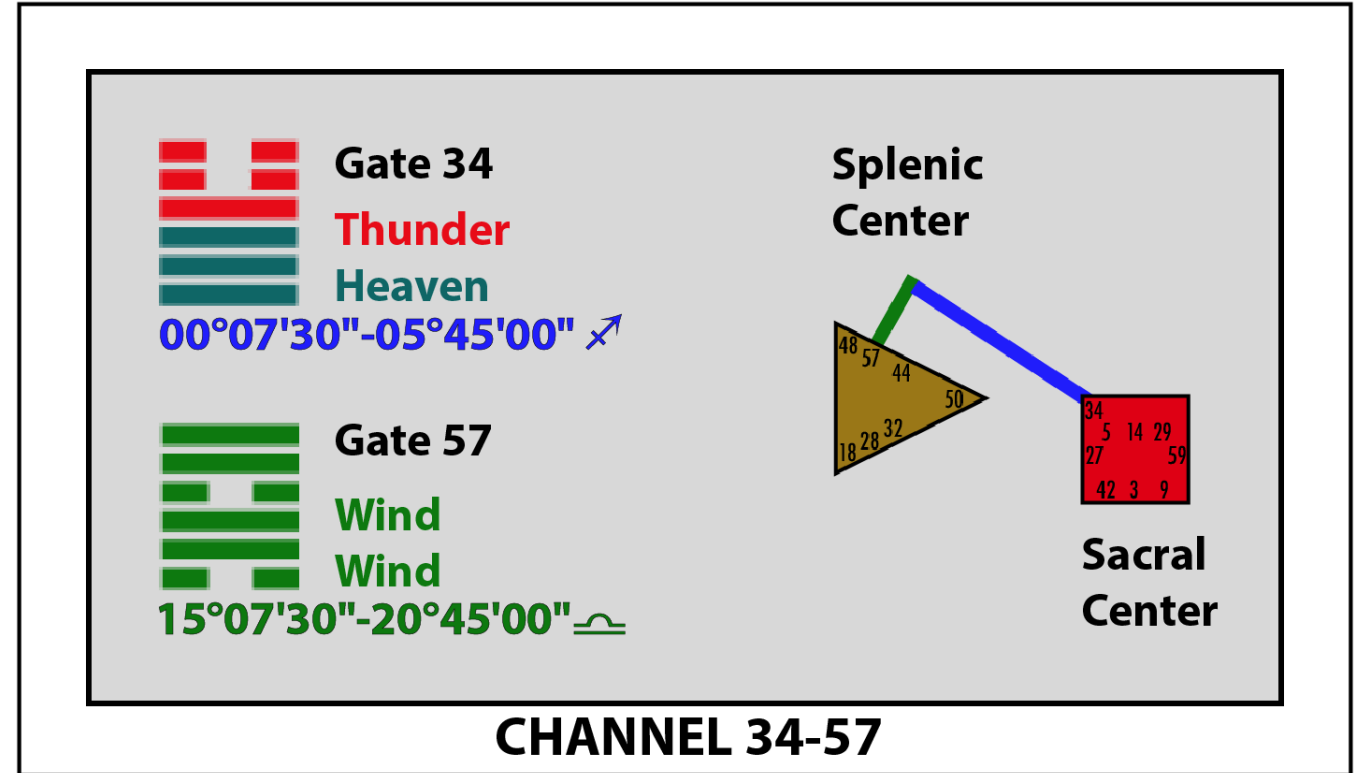
# THE FRIENDSHIP CONNECTION WITH CHANNEL 24-57

When both people have the full Channel, they may have different views.

## ***Mirroring communication***

A parent can empower their Child by listening before giving any opinions. Parents always empower their children by being open to their children's viewpoints and feelings.

*With the Friendship Connection, both people ideally express their ideas without input before implementing their action plan.*



# MY PROCESS EXPLAINED

I have developed a system that transforms relationships without activating conflicts. You can engage customers for your reports in your first contact with them, even if they are new to Human Design.

You can get parenting reports now for your customers to help them understand these parenting dynamics without you having to show them step-by-step how to look at their charts. And you can engage them in working with their child and engaging with you.

# EXAMPLES DEFINED AJNA TO THROAT CENTER

## ***General Description***

Your creativity pushes you to seek answers to deep questions. In addition, you are sensitive to what others think and may pick up telepathically on their thoughts. At times, when you feel overwhelmed by information, change your focus and wait for clarity and answers to come to you over time. Trust your process.

Your child is intelligent and curious. His questions and probing for creative solutions put pressure on him mentally. Support his quest for knowledge and understanding and recognize his capacity to tune in energetically to information beyond what is apparent. With your support, he will be creative, empowered, and expressive

# EXAMPLES DEFINED SELF TO SACRAL CENTER

## Description

Always trust your experience and listen to what it guides you toward. You always have energy that tells you to move forward or wait for clarity. Because of your strong sense of yourself, you can use your inner responses to move toward your goals when the timing feels right.

Always wait until you feel secure and balanced. You do your best when you take the time to know what you want and consider how to make it happen.

Always ask, “What is right for me?” Trust your answer when it feels right deep inside you.

Have the courage to let other people know your boundaries so you take care of yourself and do what you know is aligned with you.

# EXAMPLES DEFINED SELF TO SACRAL CENTER

## Parenting Advice

Your child has a strong drive for self-esteem and self-direction. Support his self-reflection and always communicate with neutrality, so you allow him space to self-reflect and share what he needs and wants.

Once your child gains clarity, you have an opening for deepening communication. Your child has a strong innate sense of who they are and what they need. Please encourage your child to speak up about his needs and teach him how to take proper action. With experience, he'll know what triggers his gut responses. Encourage self-determination and trust his instincts.

# SUGGESTIONS FOR A PARENT OF A MANIFESTOR GENERATOR CHILD

- MG Strategy: Envision what you want and wait until it is clear that your action is right for you.
- Ask your child what he is considering and ask him to envision how different possibilities will play out.
- When in conflict with your child, remember that you are the parent; your job is to help your child transform emotions into clarity.

Ask your child:

"What would you like to have happen now?"

***Listen without judgment and ask,***

"And when that happens, what do you envision might happen next?"

***Giving your MG child authority over himself goes a long way to transparency.***

# SUGGESTIONS FOR A PARENT OF A MANIFESTOR GENERATOR CHILD

A Manifesting Generator Child may have open centers that make them vulnerable to picking up energy. Your child may be picking up energy or emotions from others.

Observe your child's body language and ask open-ended probing questions.

**Giving your Manifesting Generator child authority over himself goes a long way to transparency.**

## ***EXAMPLES:***

***"What happened just before you felt X?"***

...or if your child is unaware and you notice he is stressed or impulsive, say:

***"I am wondering if you have some insights about X."***

# PRACTICAL APPLICATIONS

Align with yourself and your values before interacting with your child.

Honor your values and inner guidance to make correct parenting decisions that empower your child.

Work on parenting patterns that create misalignment by learning skills to communicate.  
(SEE RECOMMENDED READING SLIDE)

# PRACTICAL APPLICATIONS

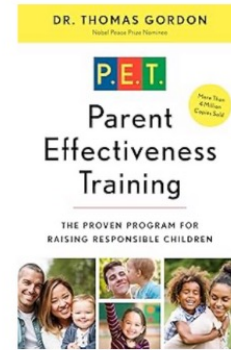
Understand the role of Type in parenting dynamics.

Respect your child's sensibilities and need for time in decision-making.

Consider the Dynamics of Centers, Channels, and Type when relating to children.

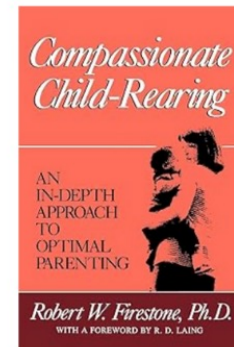
***BE COMPASSIONATE AND  
UNDERSTANDING OF OTHERS.***

# RECOMMENDED READING



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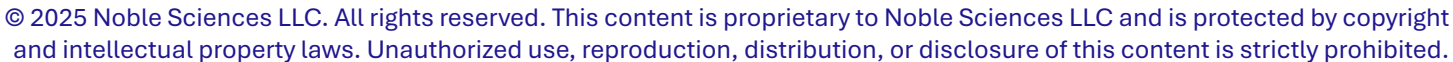
PARENT EFFECTIVENESS TRAINING – AMAZON



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DR. ELEANOR HASPEL-PORTNER

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With Dr. Eleanor



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## THANK YOU!

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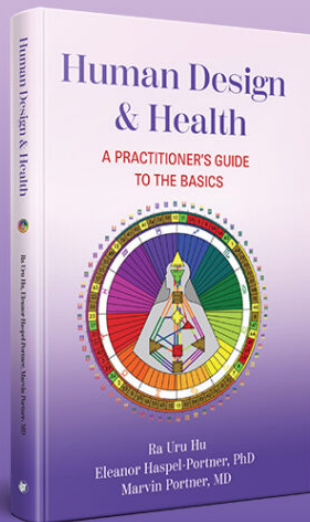
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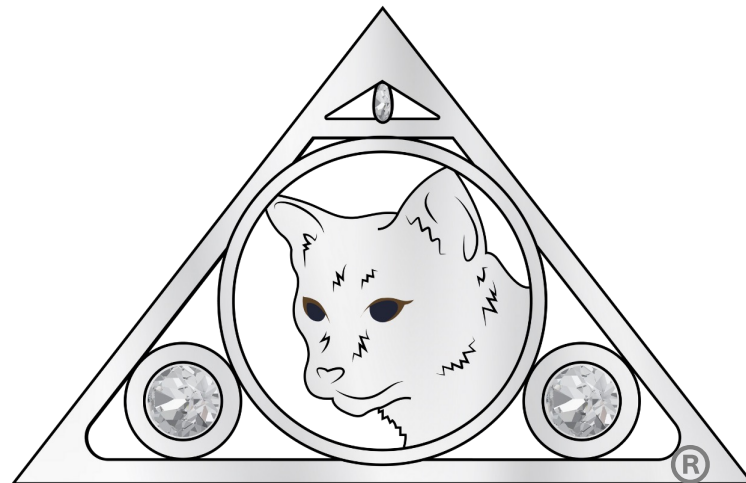


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